

Meals from the Heart

Pizza Pasta Casserole

Servings | 45

Ingredients

8 lbs.	ground beef
2	onions, chopped
6 - 24 oz. jars	vegetarian spaghetti sauce
8 lbs.	short pasta
12 cups	shredded mozzarella
1 lb.	sliced pepperoni

Directions

- You will be making three large pizza pasta casseroles with pepperoni on top of two large pans and one cheesy vegetarian pan.
- Cook the pasta according to the directions on the packaging. Drain and divide evenly between three pans set aside.
- Pre-heat oven to 350° F. In a large skillet, cook beef and onion over medium heat until meat is no longer pink. Drain. Stir in 4 jars (12 cups) spaghetti sauce.
- Transfer the meat mixture to two of the set aside pans with pasta—this will be for the pepperoni casserole. Toss to combine.
- Toss remaining 2 jars (6 cups) of spaghetti sauce with the pasta in the vegetarian pan.
- Sprinkle all pans with cheese. Arrange pepperoni on top of meat pans, leaving the other large pan with only cheese on top.
- Bake, uncovered for 25–30 minutes or until heated through.



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Garlic Bread

Servings | 40

Ingredients

4 cups	melted butter
15	garlic cloves, minced
5 loaves	French bread, halved lengthwise
2 cup	fresh parsley, minced

Directions

- Pre-heat oven to 350 degrees F.
- In a small bowl, combine butter and garlic. Brush over cut sides of bread; sprinkle with parsley. Place, cut side up on a baking sheet.
- Bake for 8 minutes.
- Broil 4–6 in. from the heat for 2 minutes or until golden brown.
- Cut into 2-inch. slices.



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Salad

Servings | 45

Ingredients

6 heads	Romaine or iceberg lettuce
5 cups	cherry tomatoes, halved
1	red onion, thinly sliced (on the side)
4 cups	seasoned croutons (on the side)
4 cups	black olives
3 tbsp.	Italian seasoning
1 bottles	Italian dressing (on the side)
4 cups	shredded Parmesan (on the side)

Directions

- Wash and dry lettuce. Chop into bite size pieces, cutting off the ends. Prepare the remaining vegetables.
- Add all of the vegetables to a bowl.
- Serve the cheese, onions, croutons, and dressing on the side.



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Shopping List

Servings | 45

Please use this grocery list to plan for your meal!

We will supply the following ingredients: oil, flour, butter, salt, pepper, sugar, baking soda/powder, eggs, vinegar (apple cider and balsamic) and all of the spices found in your recipe.

6 heads Romaine or iceberg lettuce

5 cups cherry tomatoes

1 red onion

2 yellow onions

1 head garlic

2 packages seasoned croutons

4 cans sliced black olives

1 bottle Italian dressing

5 loaves French bread

2 bunches fresh parsley

8 lbs ground beef

8 lbs. short pasta

4 lbs. shredded mozzarella cheese

1 lb sliced pepperoni

6 - 28 oz. vegetarian spaghetti sauce jars

4 cups shredded Parmesan cheese



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