

Meals from the Heart

Pizza Pasta Casserole

Servings | 30

Ingredients

3 lbs.	ground beef
1	large yellow onion, chopped
3 - 24 oz. jars	vegetarian spaghetti sauce (2 jars for pepperoni pan, 1 for vegetarian)
5 lbs.	spiral or Cavatappi pasta, cooked and drained
6 cups	shredded mozzarella cheese
8 oz.	sliced pepperoni

Directions

You will be making one large pizza pasta casserole with beef and pepperoni on top and one vegetarian half-sized pan with only cheese on top.

- Preheat oven to 350° F. Grease 1 full-size aluminum pan and 1 - 1/2-size aluminum pan; set aside.
- Cook the pasta according to the directions on the packaging. Drain and divide between the two greased pans.
- In a large skillet, cook beef and onion over medium heat until meat is no longer pink. Drain. Stir in 2 jars spaghetti sauce, then pour over the pasta in the large pan. Toss to combine.
- Pour remaining jar of spaghetti sauce over the pasta in the smaller pan; toss to combine.
- Transfer to 2 greased disposable baking pans (1 full pan for the pepperoni casserole and 1 half pan for the cheese casserole).
- Sprinkle both pans with cheese. Arrange pepperoni on top of the large pan.
- Bake, uncovered, for 25-30 minutes or until heated through.



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Garlic Bread

Servings | 30

Ingredients

2 cups	butter, melted
10 cloves	garlic, minced
3 loaves	French bread, halved lengthwise
1 cup	fresh parsley, minced

Directions

- Pre-heat oven to 350 degrees F.
- In a small bowl, combine butter and garlic. Brush over cut sides of bread; sprinkle with parsley. Place, cut side up on a baking sheet.
- Bake for 8 minutes.
- Broil 4–6 in. from the heat for 2 minutes or until golden brown.
- Cut into 2-in. slices.



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Meals from the Heart

Italian Style Salad

Servings | 25

Ingredients

3 heads Romaine or iceberg lettuce
1 pint cherry tomatoes, halved
2 cups sliced black olives
2 tbsp. Italian seasoning

On the side:

1 red onion, thinly sliced
2 cups shredded Parmesan
2 cups seasoned croutons
1 bottle vinaigrette dressing

Directions

- Wash and dry lettuce. Chop into bite size pieces, cutting off the ends. Prepare the remaining vegetables.
- Add all of the vegetables to a bowl.
- Serve the cheese, croutons, red onions and dressing on the side.



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Shopping List

Servings | 25

Please use this grocery list to plan for your meal!

We will supply the following ingredients: oil, flour, butter, salt, pepper, sugar, baking soda/powder, eggs, vinegar (apple cider and balsamic) and all of the spices found in your recipe.

3 heads Romaine or iceberg lettuce

1 pint cherry tomatoes, halved

1 red onion

1 - 5 oz. seasoned croutons
bag

2 - 6 oz. black olives
cans

1 bottle dressing, Italian or balsamic
vinaigrette

1 - 5 oz. Shredded Parmesan cheese
tub

1 head garlic

3 loaves French bread

1 bunch fresh parsley

3 lbs. ground beef

1 large yellow onion

5 lbs. spiral or cavatappi pasta

32 oz. shredded mozzarella cheese

8 oz sliced pepperoni

3 - 24 oz. vegetarian spaghetti sauce
jars



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