

Meals from the Heart

Grilled Cheese Sandwiches

Servings | 45

Ingredients

5 lbs.	grated cheddar
5 loaves	thick white bread
2 sticks	butter, melted
As needed	salt
As needed	pepper

Directions

- Preheat two ovens to 350° F.
- Pour 1/2 of melted butter into four baking sheets.
- Place bread evenly over surface of pans, cover with cheese, top with bread.
- Place in oven ten minutes.
- Remove baking sheets from oven and flip sandwiches, adding more butter to the pan as you flip. Return to oven for 10 more minutes, or until cheese is melted and bread is toasted.
- Serve!



**Ronald
McDonald
House®**
Oregon

Meals from the Heart

Tomato Orange Soup

Servings | 45

Ingredients

5 cups (10 sticks)	unsalted butter
5 20 - 14 1/2 oz. cans	medium onions, diced diced tomatoes
3 tbsp.	salt
1 tbsp.	black pepper
2 1/2 tsp.	baking soda
5 tsp.	dried thyme
10 cups	fresh orange juice
5 cups	heavy cream

Directions

- Melt butter in a large pot; add onion and sauté until translucent.
- Add tomatoes, salt, pepper, baking soda, and thyme. Bring to a boil, reduce heat and simmer uncovered about 15 minutes or until slightly thickened.
- In batches, puree tomato mixture in a high-powered blender (remove clear part of top and cover with towel to prevent steam from ejecting top). Add each batch of puree into another large pot.
- Once all of the tomato mixture is pureed and in the pot, stir in orange juice. Hold at a light simmer, stirring occasionally, until service.



**Ronald
McDonald
House®**

Oregon

Meals from the Heart

Basic Mixed Green Salad

Servings | 40

Ingredients

4 heads	lettuce
2 pint	cherry tomatoes, halved
2	cucumber, sliced
1 bottle	salad dressing of choice

Directions

- Wash lettuce. Cut or tear lettuce into bite-size pieces.
- Add cut tomatoes and cucumber to lettuce.
- Serve the dressing on the side.



**Ronald
McDonald
House®**
Oregon

Meals from the Heart

Shopping List

Servings | 45

Please use this grocery list to plan for your meal!

We will supply the following ingredients: oil, flour, butter, salt, pepper, sugar, baking soda/powder, eggs, vinegar (apple cider and balsamic) and all of the spices found in your recipe.

5	medium yellow onions
1 pint	cherry tomatoes
1 large tub	salad greens
2	cucumbers
20 - 14.5 oz. cans	diced tomatoes
5 tsp.	dried thyme
80 oz.	orange juice
40 oz.	heavy cream
3 lbs.	unsalted butter
5 lbs.	grated cheddar cheese
5 loaves	thick white bread
1 bottle	salad dressing of your choice



**Ronald
McDonald
House®**
Oregon