

Meals from the Heart

Broccoli Cheddar Soup

Servings | 40

Ingredients

3 cups	butter
8	yellow onions, diced
2 cups	flour
1 tbsp.	smoked paprika
2 tbsp.	black pepper
1/4 cup	salt
1/4 cup	garlic powder
8	carrots, peeled and diced
8 qts.	vegetable broth
8 lbs.	broccoli florets, fresh or frozen, cut to bite-size
1/2 cup	mustard
3 qts.	half and half
4 lbs.	shredded cheddar

Directions

- Put two large saucepots on the stove. You'll divide the recipe between the two pots.
- Dice onions and carrots.
- Cook the onions in the butter on medium-high heat, dividing them approximately evenly between the pots. When onions are translucent, add 1 cup flour to each pot along with the salt and spices and stir to incorporate. Cook for about a minute then add the carrots, vegetable broth, mustard, and salt. Whisk until fully incorporated and increase to high heat.
- Add the broccoli florets and let come to boil. Reduce heat to medium and simmer until broccoli is tender.
- Add the half and half (6 cups to each pot) and heat until pot is steaming (do not boil). Stir in the shredded cheddar, mixing continuously, until cheese is fully incorporated.
- Taste and add salt if necessary.
- Serve!



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Pigs in a Blanket

Servings | 40

Ingredients

200 ea	smoked sausages
1 pack	vegetarian hot dogs
12 ea	Pillsbury croissant canisters

Directions

- Preheat ovens to temperature indicated in croissant package instructions.
- Cut the veggie dogs to a similar size to the meat sausages.
- Working with one canister at a time (keep the rest refrigerated), open package, unroll dough, and separate triangles. Cut each triangle into three pieces, keeping the triangle shape.
- Roll up the lil' smokies and vegetarian hot dogs in the triangles, making sure to keep the meat and vegetarian rolls separate.
- Bake according to the directions on the croissant package until the bread is sufficiently cooked.
- Serve!



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Shopping List

Servings | 40

Please use this grocery list to plan for your meal!

We will supply the following ingredients: oil, flour, butter, salt, pepper, sugar, baking soda/powder, eggs, vinegar (apple cider and balsamic) and all of the spices found in your recipe.

200 each	"Lil smokies" sausages (ready-to-eat little smoked sausages)
12 each	Pillsbury croissant canisters
1 package	Field Roast vegetarian hot dogs
8 each	yellow onions
8 each	carrots
3 quarts	half and half
8 quarts	vegetable broth
8 pounds	broccoli florets, frozen or fresh
4 pounds	shredded cheddar
4 packages	ready-to-eat salad mix



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